

# Westchester County Volunteer Firefighter's Association

***Presents a seminar you will not want to miss!***

## **Mental Health First Aid & Legal Issues in the Fire Service**



**Saturday, February 17, 2024 ~ Registration 9:00 a.m.**

**Westchester County Fire Training Center**

**4 Dana Road, Valhalla, NY 10595**

**You must pre-register**

### ***Mental Health First Aid – Caitlin Leon***

Firefighters are more likely to die by suicide than in the line of duty ~ 15-24% of Firefighters suffer from PTSD ~ 37% of Fire and EMS professionals have contemplated suicide & 30% of first responders suffer from mental health issues. These are alarming statistics. PTSD doesn't just happen only with 9/11-like incidents; first responders can experience stress even on routine calls, and cumulative stress can lead to PTSD. Learn the warning signs and how to have the difficult conversations with your fellow firefighter and EMS brothers and sisters.



*Caitlin Leon is a Licensed Social Worker at Westchester Jewish Community Services (WJCS). As the Director of Training & Digital Equity, she is committed to serving the needs of individuals, families, schools, and professionals in communities throughout Westchester County. She is a Certified Mental Health First Aid Instructor for Youth, Adult, and Teen Mental Health First Aid. Additionally, she has created and conducted workshops for both professionals and parents, with over 14 years of experience*



***Legal Issues in the Fire Service – Timothy C. Hannigan, Esq.*** Social media, member issues, disciplinary matters, timely governance documents, HIPAA... Got questions? We've got answers. This is an excellent local opportunity to hear about common issues and ask about laws or legal issues that could have an impact on you personally or your department. This is also a chance for officers to ask questions about legal issues they have encountered throughout the year in their department.

*Timothy C. Hannigan, Esq. serves as General Counsel to the Firefighters Association of the State of New York. He is a nationally certified fire service instructor and an active volunteer firefighter with the Elsmere Fire Company, Inc. in Delmar, N.Y. Tim has successfully defended the fire service to verdict in jury trials and in numerous other appellate-level cases involving the fire service and ambulance service providers. His representation of fire service providers, EMS, & air ambulance operators is statewide. Tim is a graduate of the University at Buffalo Law School and Siena College, where he served as Captain of the Men's Division 1 Lacrosse team.*

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Please pre-register. A \$10.00 registration fee must accompany this registration, or pay \$10.70 by PayPal at [wcvfaweb.org](http://wcvfaweb.org) go to donations, choose general, and email registration to [amorjo1111@gmail.com](mailto:amorjo1111@gmail.com)

Please PRINT legibly

NAME: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

CITY, TOWN OR VILLAGE: \_\_\_\_\_ STATE \_\_\_\_\_

ZIP CODE: \_\_\_\_\_ CELL PHONE: (     ) \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

\_\_\_\_\_  
Fire Company, Department, Assn. or Recognized Volunteer Fire Related Organization

**There will be limited availability for walk-ins, cost at the door will be \$15.00**

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

Paying by check: Mail to: Westchester County VFA Seminar, P.O. Box 65, Verplanck, NY 10596-0065  
Paying by PayPal: Please pay \$10.70 to cover the fee and email registration to [amorjo1111@gmail.com](mailto:amorjo1111@gmail.com)